

SHORT

BREAKS



Summer 2019



Short breaks passport must be up to date to keep all young people safe

Where possible please email expressions of interest forms to shortbreaks@walsall.gov.uk



About Short Breaks in Walsall

Walsall Council is pleased to announce the programmes of Short Breaks taking place Summer 2019 school holiday. (23 July to 30 August 2019)

Short Breaks can benefit the whole family. They provide opportunities for disabled children / young people to spend time away from their families, relax, develop new friendships, take part in new experiences and have fun doing positive activities. They also give families a break from their caring responsibilities, a chance to rest or spend time with their other children.

We recognise that all families are different and will need different levels of support and different types of Short Breaks; therefore, we ensure that there are a wide range of Short Breaks to meet those needs.

We share the vision of Every Child Matters. We want young people to be healthy, safe, achieve, make a positive contribution, have supportive friends and families and benefit from economic well being.

A child or young person may be able access a Short Break if they:

- Have a diagnosed disability
- Are aged 0 to 17 (until their 18th birthday)
- Live in Walsall.
- Are in receipt of Disability Living Allowance.
- Priority will be given to families recommended by professionals.

This booklet contains details of when and where the activities are, who they are suitable for and an overview of what they involve.

Key:

Each activity is coded to show at a glance who it is aimed at:



ASD, Challenging Behaviour



Physical Disability, Complex Care Needs



Moderate Disability, Sensory

Important

Expressions of interest will only be taken by email or on the form posted to The Short Breaks Team. These must be received by **4pm on Thursday 20 June 2019.**

You will be notified of Summer scheme club allocation by email or letter in the **week commencing 1 July, 2019.** (Please do not contact us before this date, as we cannot give any information about allocation of places)

How to express an interest in a Short Break







1. Read the short breaks booklet and choose an activity provider that best meets your child's age and particular needs and interests. Only one activity provider will be allocated for each young person.
2. Complete the expressions of interest form with all your details and email to the Early Help Hub: shortbreaks@walsall.gov.uk, or post to Short Breaks Team, Zone 2E, The Civic Centre, Darwall Street, Walsall, WS1 1TP by **Thursday 20 June, 4pm**. We will not be accepting expressions of interest over the phone unless you have a disability that prevents you completing the form. You can also complete forms at the following drop in sessions:
The Civic Centre, Darwall St, WS1 1TP Tuesday 18th June, 10am to 12noon.
3. Make sure we have an up to date copy of your child's short breaks passport as staff need to be able to provide the correct support to your child.
4. Wait for an email or phone call from the club manager in the **week commencing Monday 1 to 5 July** that will inform you which provider your child has been allocated to, with details of dates. We will contact you if demand has been high and we are not able to offer a place. The number of sessions offered depends on the demand for places. We ask for a second choice of club as demand for some clubs may be higher than others.
5. Once you have been given an offer of a short break you must email or send a text/letter to the short break provider to confirm that your child will be attending the place by **Monday 12 July 2019**.
If you do not do this the place will be offered to another young person.

























If you have any queries about your child's play scheme allocation, please contact The Short Breaks and Inclusion Team at Shortbreaks@walsall.gov.uk or 01922 650490/ 07780 004577, or call the Early Help Hub 0300 555 2866.































Please remember expressions of interest should be made by email or completing the form at the back of this booklet and posted to the Short Breaks Team. Requests should not be made over the phone, unless you have a disability that prevents you completing the form.
















Easy read guide

- 1. Choose the club that fits best with your child's needs and age.**
- 2. Make sure your child's short breaks passport is up to date.**
- 3. Complete and return the Expressions of interest form by Thursday 20 June 2019.**
- 4. Wait to be offered dated from chosen club. (If you have not heard by 8 July please contact shortbreaks@walsall.gov.uk)**
- 5. Confirm your child's attendance at club by 12 July, otherwise dates will be offered to another child.**
- 6. Any cancellations should be made ASAP, but must be 48hrs before start of club so the place can be offered to another child.
Please call the club directly**

Activity Week 1	Key	Ages (years)	Times	Monday	Tuesday 23 July	Wednesday 24 July	Thursday 25 July	Friday 26 July
Urban Project	 	8 – 17	09.30 – 15.30					

Activity Week 2	Key	Ages (years)	Times	Monday 29 July	Tuesday 30 July	Wednesday 31 July	Thursday 1 Aug	Friday 2 Aug
Minions		8-12	09.30 – 15.00					
SB @ My Place		8-17	09.30 – 15.30					
Resources for Autism	 	5-17	10.00 – 15.00					
Fun with Friends	  	3-5	09.30 – 12.00					
Urban Project	 	8-17	09.30 – 15.30					

Activity Week 3	Key	Ages (years)	Times	Monday 5 Aug	Tuesday 6 Aug	Wednesday 7 Aug	Thursday 8 Aug	Friday 9 Aug
Minions		8 – 12	09.30 – 15.00					
SB @ My Place		8 – 17	09.30 – 15.30					
Resources for Autism	 	5 – 17	10.00 – 15.00					
Urban Project	 	8 – 17	09.30 – 15.30					
Progress	 	5 - 17	09.30 – 15.30					
Fun with Friends	  	3-5	09.30 – 12.00					

Activity Week 4	Key	Ages (years)	Times	Monday 12 Aug	Tuesday 13 Aug	Wednesday 14 Aug	Thursday 15 Aug	Friday 16 Aug
Progress	 	5-17	09.30 – 15.30					
Minions		8-12	09.30 – 15.00					
SB @ My Place		8-17	09.30 – 15.30					
Resources for Autism	 	5-17	10.00 – 15.00					

Activity Week 5	Key	Ages (years)	Times	Monday 19 Aug	Tuesday 20 Aug	Wednesday 21 Aug	Thursday 22 Aug	Friday 23 Aug
Progress	■ ●	5 -17	09.30 – 15.30		★	★	★	
Minions	■	8 – 12	09.30 – 15.00		★			
SB @ My Place	●	8 – 17	09.30 – 15.30			★	★	★

Activity Week 6	Key	Ages (years)	Times	Bank Holiday	Tuesday 27 Aug	Wednesday 28 Aug	Thursday 29 Aug	Friday 30 Aug
Progress	■ ●	5-17	09.30 – 15.30		★		★	

* **Fun with Friends** – please book directly with the Speech & Language Therapy Team. Details are on the following pages.

Important Information

Due to there being a very high demand of families accessing Short Breaks could you please ensure that if your child / young person is booked onto an activity but is unable to attend, that you contact the provider of the activity to make them aware as soon as possible.

Notice should be given at least 24 hours before. If less than 24 hours please phone the provider. This will allow the place to be offered to another child / young person in need. Contact details for each activity will be contained in your notification email or letter.

If you have difficulty reaching the play scheme provider please contact the Short Breaks team on Shortbreaks@walsall.gov.uk or 01922 650490.

Minions (8 – 12 years)



ASD, Challenging Behaviour

Specialist Support Information:

Personal care (shower) • Manual Handling (hoist) • Administration of medication • One to one support

Dates: July 30, Aug 6,13, 20, 2019

Time: 09.30 – 15.00

Venue: MyPlace, 60 Walstead Road West, Walsall, WS5 4PE Tel; 01922 655419

SB @MyPlace (8 – 17 years)



Physical Disability, Complex Care Needs

Specialist Support Information:

Personal care (shower) • Manual handling (hoist) • Administration of medication • TDC • One to one support

Dates: July 31 –Aug 2, Aug 2-9, Aug 14-16, Aug 21 – 23.2019

Time: 09.30 – 15.30

Venue: MyPlace, 60 Walstead Road West, Walsall, WS5 4PE Tel; 01922 655419

Myplace is a youth centre that is accessible for wheelchair users and provides a safe and secure environment for young people. The holiday provision is managed by experienced youth service staff that are trained and have the competencies to provide support and care for young people with a wide range of needs including those with complex health care needs. This includes medical assistance, the monitoring and administering of diabetes injections, peg feeding and with all personal care needs. There are changing facilities including a shower, changing bed and an electric hoist.

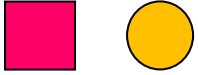
Activities are offered on an individual needs basis with young people engaging in their choice of activity. All activities are designed to promote young people's social skills and emotional well-being. They are adapted for all young people to engage in.

Myplace activities include:

- Arts and crafts
- Sensory room
- Adapted cycle bikes
- Outdoor sports
- Water and Sand play
- Gardening
- Games
- Computers
- Music room/DJ suite
- Baking/cooking

Young People will need to bring a packed lunch and a drink.

Progress (5 – 17 years)



Challenging behaviour, Physical disability, Complex needs, Moderate disability, Sensory.

Dates: August 6, 8,-13,15, -20,22,-27,29 2019

Venue: Moxley Peoples Centre, 3 Queen Street, Moxley WS10 8TA

Time: 9.30 to 15.30

Tel; 01902 561066 (The Hub) or 07484 091637

Specialist Support Information:


Personal care • Administration of medication –Personal care


Progress is an experienced provider that specialises in supporting young people with wide ranging disabilities, with a focus on improving lives and helping young people be the best they can be. Provision includes a range of activities including:

- Arts and crafts
- Team games and sports
- Pool tables football tables
- Sensory activities
- Story Time

Parents and young people are invited to visit the venue and meet some of the staff before club starts. Young people will need to bring a packed lunch and drinks

Resources for Autism (5 – 17 years) St Lukes

 ASD, Challenging Behaviour

 Physical Disability, Complex Care Needs

Specialist Support Information:

Personal care • Administration of medication • One to one support

Dates: July 29 – Aug 1, Aug 5-8, Aug 12-15. 2019

Time: 10.00 – 15.00

Venue: St Lukes Church, Selbourne Street, Chuckery, Walsall. WS1 2JN. Tel; 07944 525706

Resources for Autism provide practical services for children and adults with an autistic spectrum condition and for their families and carers. All staff and volunteers are autism trained and services are designed to be welcoming and accepting of users whatever their level of need and support. For our Short Breaks holiday schemes we provide both indoor and outdoor activities which include:

Arts and crafts
Cooking
Local trips out
Sports

Team games
Sensory activities
Creative arts (music, dance and drama)
Outdoor play area

Each session includes a breakfast club and where possible children are supported by the same buddy for each of the days they attend during that holiday.

Resources for Autism would like to offer families the opportunity to book additional play scheme days with us. The cost will be £90 per day. These days are not part of the Local Authority offer, please contact Resources for Autism directly for more information on 07944 525706.

If you express an interest in a play scheme place for your child with Resources for Autism and they have not accessed their services before, you need to complete an online referral form. Please go to the Resources for Autism website and follow the link from the home page www.resourcesforautism.org.uk

Fun with Friends (3 – 5 years)



Dates: July 29 –Aug 1, Aug 5-8. 2019

Times: 9.30 – 12.00

Venue: Sheffield Clinic, Coalheath Lane, Walsall, WS4 1PL, 01922 605400

Walsall Healthcare 
NHS Trust



A fun play session developing early communication & Makaton signing skills through sensory experiences for children aged 3 to 5 years, with a range of special educational needs who have communication difficulties and would benefit from developing Makaton. Children stay at the sessions without their parents.

Please call the Speech & Language Therapy Team on 01922 605400 (option 3) to book places

Urban Project (8 – 17 years)



ASD, Challenging Behaviour



Physical Disability, Complex Care Needs

Specialist Support Available

Personal care • Manual handling (hoist) • Administration of medication • TDC • One to one support

Dates: 23 July to 26 July, 30 & 31 July, 2 August, 5 August to 9 August 2019.

Time: 09.30 – 15.30

Venue: Aldridge Airport, Bosty Lane, Aldridge, WS9 0QQ Tel; 01922 744637

Urban Project is based at Aldridge Airport Outdoor Centre which offers an exciting range of outdoor pursuits and indoor activities with full disability access including wheelchair users and specialist trained staff with over 25 years of experience. During the warmer months activities also include water sports at Sneyd Water Sports Centre and day trips. Activities include:

• Bushcraft	• Low Ropes
• Gladiator Challenge	• Cycling
• Orienteering	• Fan Descender
• Crate Challenge	• Abseiling
• Climbing Wall	• Zip Wire
• Archery	• Leap of Faith
• Circus Skills	• Land Yachting
• High All Aboard	• Rock Climbing
• Jacobs Ladder	• Crafts
• Bowling	• DVD's
• Narrowboat Trips	• Video Games
• Canoeing	• Kayaking
• Raft Building	• Windsurfing
• Sailing	• Board Games

We welcome site visits if you are unsure. Contact Tom or Steve on 01922 744637, or 07921 934932 email-outdoorpursuits@walsall.gov.uk.

Facebook – [walsalldoorpursuits](https://www.facebook.com/walsalldoorpursuits) Twitter - [@walsalldoorpursuits](https://twitter.com/walsalldoorpursuits)

www.walsall.gov.uk/outdoor_pursuits

Future Short Breaks

The Short Breaks information booklet will automatically be sent by email to families who register their child/ren

on the **Walsall's Children's Disabilities Register**. Details of future short breaks clubs are published on Walsall council Family Information Service web page. Please contact Walsall FIS to complete a Children's Disability Register registration form. You can get in touch by calling 01922 653383 or emailing walsallfis@walsall.gov.uk. You can also download a form from www.mywalsall.org/fis.

Short Breaks in Walsall: Expression of Interest Form - **SUMMER 2019**

If you are interested in your child accessing a Short Break, please complete the details below and email to shortbreaks@walsall.gov.uk or post to Short Breaks, Zone 2E, The Civic Centre, Darwall Street, Walsall, WS1 1TP. Sessions where you can hand in the form or obtain advice:

The Civic Centre, First Stop, Darwall Street. WS1 1TP Tuesday 18 June 2019 10am- 12noon.

If you have more than one child who you want to attend, please complete a form for each child.
Please complete all sections and return by Thursday 20 June 2019

Whilst Walsall Council do everything that we can to ensure that your child can access the Short Break of your choice, due to the number of children accessing Short Breaks, this may not always be possible. For this reason we would ask that you make a 1st and a 2nd choice. Priority will be given to young people recommended by professionals.

Parent / Carer Name	
Parent / Carer Address	
Parent / Carer Contact Number	
Parent / Carer Email Address	

Child's Name		
Child's Date of birth		
Child's School		
2 nd Emergency contact name and number		
What level of DLA do you receive?		
Child's social worker /Family support worker		
Does your child have an up to date Short Breaks Passport? We must have this.	Yes-Is the information up to date?	No-Please indicate here if you would like a blank short breaks passport sending to you.

1st choice Activity club	
Please specify any days your child cannot attend club.	

2 nd Choice Activity club	
--------------------------------------	--